

Name _____ Date _____

AMI Day 4 - All Mrs. Crosskno's Classes (H.S.)
"I" STATEMENTS (RC-50)

DIRECTIONS: An "I" statement is a statement of your feelings that does not blame or judge the other person. The statement starts with "I feel...", "I want...", "I'm upset because..." Change the "You" statements below into "I" statements.

"You" Statements	"I" Statements
You never call me when I ask you to!	I wish we could talk on the phone more often.
Will you turn down your stereo? I can't hear myself think!	
Will you clean your room? I've asked you to do it five times!	
You are so annoying when you tease me!	
Why don't you grow up and stop acting like a baby?!	
Will you stop interrupting me?	
You're such a loud mouth!	
You can't play basketball, you stink! Go play on another team.	
It's your fault I got in trouble! Why did you have to tell on me?	
You never listen when I give you directions!	
You always ignore me when your other friends are around!	
You never let me do anything!	
Why don't you do your own homework and stop copying mine?!	
You are so moody sometimes!	
You never told us the assignment was due today! That's not fair!	

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